

## ALL OF US HAVE TOO MUCH ACID

“In short, we age due to waste mismanagement. Every living entity makes waste products; its inability to properly dispose of them causes the shortening of life. Our planet Earth is facing the same problem”.

The food that we eat burns with oxygen in our cells to produce energy. After burning, the food becomes acidic waste and the cells dump them into the blood stream. Our body tries its best to get rid of these wastes through urine and perspiration. As we know, urine and skin surface are acidic.

Unfortunately, we cannot get rid of all the wastes that we produce. The major reasons are our lifestyle, the kinds of foods and drinks that we consume, and the polluted environment that kills our healthy cells and changes them into acidic wastes. What is left over must be stored somewhere in our body.

In order to live, our blood and cells **must** always remain slightly alkaline. So, the body plays a clever trick to convert these left-over acidic wastes into solid wastes. If these wastes are not dissolved in liquid, they do not influence the pH of the fluid.

Some examples of solidified acidic wastes are cholesterol, fatty acid, uric acid, kidney stones, urates, sulfates, and phosphates. The accumulation of these non-disposed solid wastes is the process of aging. The chemical formula for cholesterol and fatty acid is incompletely burnt carbohydrates. Cholesterol and fatty acid are the results of eating too much pasta and bread and not exercising enough. Uric acid and ammonia come from all kinds of meat. Phosphoric acid comes from grains such as rice, and drinks such as Coca-Cola. Sulfuric acid comes from egg yolks.

Sulfuric acid, phosphoric acid and uric acid are all poisonous acids. They must have alkaline minerals to neutralize them to be non-poisonous. In the absence of enough alkaline mineral from our diet, the body robs calcium from skeleton to convert these poisonous acids into non-poisonous acid salts : sulfate, phosphates and urates. This is how osteoporosis is developed.

In USA, antacid is a billion dollar business because many of us take it for an over acidic stomach. One of the biggest problems of acidic wastes is the fact that acid coagulates blood, which makes the blood too thick and clogs up the capillaries. That is why some adult diseases require blood thinners.

Depending upon where the body stores the acidic wastes, blood circulation around that area gets poor, eventually a vital body organ is unable to receive enough blood supply and becomes dysfunctional. Many adult degenerative diseases are the result of poor blood circulation. A typical example is diabetes, which is caused by acid accumulation around the pancreas.

Malignant cancer cells are acidic, while healthy cells are alkaline. Normal cells cannot survive near areas of acidic waste accumulation. However, some people have strong survival genes that mutate to survive in an acidic environment. That is how cancer cells are developed. As long as the acidic environment remains unchanged, the cancer will regenerate after a “successful” tumor removal operation. Experienced oncologists



increase the alkalinity of the patients before administering treatment, probably by injecting sodium bicarbonate, an alkaline buffer.

Acidic wastes accumulate outside and inside the blood vessel. Waste particles inside the blood vessel could be very dangerous, because they can clog up capillaries leading to particular brain cells. Our body tries to paste these waste particles on the artery walls to prevent them from floating around and doing fatal damages. This pasting action eventually leads to clogged arteries and bypass operations.

When we exercise, our blood pressure can rise very high momentarily. A person may suffer a stroke if one or more of these floating wastes were pushed by the high pressure and plug up a capillary vessel leading to a critical section of the brain. This is why there are many reported strokes during exercise. If we drink alkaline water and let it naturally dissolve these floating waste particles, we can prolong our life.

The fact that alkaline neutralizes acid is a basic natural phenomenon that requires no double blind testing. Alkaline water has no nutritional or medicinal value to cure diseases; all it does is neutralize the acidic wastes in the human body and liquefy them for elimination by the kidneys.

When we touch chicken or meat fat, our hands become sticky. Washing the fat off our hands with regular tap water does not work unless we use soap. Soap liquefies the fat and makes it easier to clean. Fat is acid and soap is alkaline. As a matter of fact, one of the ingredients in ALKALIFE DROPS is the same as that in soap. We wash external body dirt very well but neglect the dirt accumulated inside our body. Out of sight, out of mind.

Depending upon the individual, we all store acidic wastes differently. Based upon where the wastes accumulate, disease symptoms are all different. For this reason, different alkaline water gives different results for different people. Some people lose weight, some get rid of gout, some lower blood pressure, and some reverse breast cancer. When we understand the fact that adult degenerative diseases are caused by the accumulation of acidic wastes, there is no mystery that drinking alkaline water improves our health.

When we over exert ourselves, pain develops in various areas. This is because there is a concentration of acidic waste there. We can relieve the pain by distributing these wastes. Massages, sauna, hot baths, magnets, far-infrared pads are good methods for waste distribution. However, to get them out of the body through urine, alkaline water is the best. Heat and exercise also help eliminate these acids through perspiration.

In order to live a long and healthy life, we must get acidic wastes out of the body. The best and easiest way is to liquefy the wastes by neutralizing them with alkaline water. By eliminating acidic waste particles in the blood, we can avoid the risks of diseases that cause sudden death.